

TITLE: Preparation method of Rooibos tea extract
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AB The method for prepg. Rooibos Tea (*Aspalathus linearis*, REDBUSH tea, ROOIBOSCHTEA, taste tea, Leguminosae) ext. comprises selecting fresh or dry branches and leaves of Rooibos tea, fermented product or mixts. thereof as raw material, and extg. with 2-200 wt. times of water solvent with pH of 7-12 at 40-100.degree.C for 15min to 4hr to obtain Rooibos tea ext. The ext. obtained by this method has high content of polyethylene phenol materials such as flavonoid and tannin, and can be used as materials of beverage or health food. The pH of the extractive soln. is regulated with base such as sodium hydroxide and sodium bicarbonate or basic salt. The Rooibos tea ext. has effects in caring skin, strengthening body, relieving allergy, skin and viscera diseases, scavenging free radicals, resisting aging, resisting oxidn., and preventing cancer.